|  |  |
| --- | --- |
| **Adding salt when cooking** | Description: Percentage of all respondents who always or often add salt to their food when cooking or preparing foods at home |
| Instrument question: D6: How often is salt, salty seasoning or a salty sauce added in cooking or preparing foods in your household? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Add salt always or often when cooking or preparing food at home** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 256 | 46.4 | 36.0 - 57.1 | 239 | 72.5 | 59.7 - 82.3 | 495 | 61.5 | 52.6 - 69.8 |
| 30-44 | 463 | 63.4 | 49.0 - 75.7 | 506 | 66.8 | 51.7 - 79.1 | 969 | 65.5 | 54.8 - 74.7 |
| 45-59 | 434 | 69.9 | 53.1 - 82.7 | 482 | 76.8 | 67.9 - 83.8 | 916 | 73.3 | 63.7 - 81.1 |
| 60-69 | 288 | 61.6 | 48.9 - 72.8 | 305 | 74.4 | 64.5 - 82.4 | 593 | 69.1 | 60.6 - 76.5 |
| **Total** | **1441** | **60.1** | **52.9 - 67.0** | **1532** | **72.0** | **65.0 - 78.1** | **2973** | **66.8** | **61.3 - 71.9** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 427 | 62.0 | 47.8 - 74.5 | 454 | 74.8 | 61.2 - 84.7 | 881 | 69.3 | 58.4 - 78.5 |
| Urban | 1014 | 58.5 | 52.5 - 64.3 | 1078 | 69.5 | 63.0 - 75.2 | 2092 | 64.5 | 60.0 - 68.8 |